	Heritage Academy Athletics/Activities Department
*	Fred Martinez Athletic Director
HERITAGE ACAI	DEMY ATHLETIC PACKET 2022-23
Name	Student ID#
Grade Age DOB Gende	r
Sport(s)	
<ul> <li>1. Parent Consent and Emergency Information</li> <li>2. Code of Conduct</li> </ul>	
3. Participation/ Physical Evaluation – Medical His	tory
4. Participation/ Physical Evaluation – Physical Ex	amination by a Doctor
5. Athletic Participation	
6. Extracurricular Fee Payment via Tax Credit (EC	CA Tax Credit Form)
7. Transportation Permission	
8. Read Heritage Academy ATHLETIC CODE OF	CONDUCT.
out all documents and scan and send to Coach Mart	
RANSFER STUÐENTS:	nd want to participate in Activities/Athletics you MUST come to the ble.
	et all requirements as it relates to the CAA and HA.
TERMING ELIGIBILITY – The student-athlete must me	nd the season is not nearing completion. New students
New students to Heritage Academy, wishing to try out for an at opportunity to do so if they meet all requirements listed above a wishing to do so should visit the athletic department, and speak the sport they are interested in.***	with the Athletic Director and the head coach of
New students to Heritage Academy, wishing to try out for an at opportunity to do so if they meet all requirements listed above a wishing to do so should visit the athletic department, and speak	Enrollment date (/)

# HERITAGE ACADEMY PARENT CONSENT AND EMERGENCY INFORMATION

My signature below indicates my permission for my scholar, \_\_\_\_\_\_, to participate in after school sports/activities at Heritage Academy. My signature also indicates that I have read and approve the medical treatment authorization.

### **EMERGENCY INFORMATION**

Student Name:		
Father's Name:	Mother's Name:	
Day Phone of Parents: Father		
Address:		
Family Doctor:		
Allergies:		
In an emergency, if the parents cannot be reached		
Name:	Phone Number:	

### MEDICAL TREATMENT AUTHORIZATION

In the event of illness or injury occurring to my child while participating in this activity, I hereby give my consent for medical or dental care deemed necessary by the attending health care provider or dentist. My child may be examined and any necessary procedures (medical, dental, or surgical), anesthesia or diagnostic procedures (lab or x-ray) may be performed under the supervision of a member of the hospital or medical office staff furnishing such services.

I understand that, in the event of other than minor illness or injury, reasonable effort will be made to contact me.

I understand that there is inherent risk in many activities, and I hold Heritage Academy harmless and not liable for injury or accident, which may occur in the course of such activities. I willingly and ultimately assume the risk of such injury or accident.

Parent/Guardian Na	ne:

Signature: \_\_\_\_\_

## Heritage Academy Charter School Code of Conduct for Scholars and Parents

Participating in an athletic program at Heritage Academy is a privilege. With this privilege, scholar athletes are expected to adhere to a high standard of behavior. All scholar athletes shall abide by a code of ethics that will earn them the honor and respect that participation and competition affords. It is important for our athletes to realize they represent their families, the school and the community at all times. Scholar athletes act as role models for the younger scholars. Scholar athletes have a commitment to their teammates and coaches to be at their best physically, mentally and academically at all times.

Scholar athletes should promote a healthy lifestyle by not using any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight. It is expected that scholar athletes adhere to the Code of Conduct at all times, not just during the sport season.

It is important that a scholar athletic realize the great sacrifice by coaches, teammates, teachers, family and others in your behalf. Your gratitude is expressed by your respect!

Heritage academy issues a Scholar hand book that can be obtained from the front office or found online at www.hamesa.com

it is expected that all scholar athletes will respect and comply with the rules of Heritage Academy.

## Scholar Athlete

#### ATHLETES MUST AGREE TO:

- Be to practice and games on time.
- Be responsible for any equipment and uniform issued to them and returning it as requested at the designated time and place. Scholar will replace
  misused, abused or lost equipment or be charged replacement value.
- Be respectful and encouraging towards your teammates. Do not belittle them for their mistakes or abilities. Be encouraging they are working hard too.
- Take responsibility to your academic eligibility and the tools to help you stay on track which will be offered by the coach.
- Help other teammates who may struggle in classes you excel in.
- Listen to your coaches while they are talking to you or another player. We do not want to talk over you.
- Not use or possess illegal substances including tobacco, alcohol, marijuana or drug paraphernalia.
- Not participate in any other act that results in the scholar athlete being charged with a crime or referred for juvenile delinquency.
- Notify one of the coaches of any teammate that might be struggling with issues contrary to our team standards.

### **Parents**

#### PARENTS MUST AGREE TO:

- Have their athlete on time to practices and games.
- Help your athlete keep track of and in good condition any equipment and uniform issued to them. Replacement costs are not part of the participation fees.
- Not encourage belittling conversation towards players and/or coaches. Your comments are welcomed at the appropriate time.
- Cheer from the designated areas. A parent on the field makes coaching more difficult and is a distraction to all the players. It also makes it difficult for those behind to see. This includes half time.
- Share with the coach any concerns you might have about your athlete regarding sports, academics, or anything you feel would better help us
  understand him/her. We are a team-family. We want them to succeed
- Please respect the following times Pre-game (30 minutes before the game), the game (1<sup>a</sup> and 2<sup>nd</sup> halves), and post game (30 minutes after the game). This is NOT a good time for coaches to talk. We have lots to do regarding our team.

Parent signature:	Athlete signature:	Date

#### **PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY**

REVISED 1-6-09

This MEDICAL HISTORY FORM must be completed annually by parent (or guardian) and student in order for the student to participate in athletic activities	s. These
questions are designed to determine if the student has developed any condition which would make it hazardous to participate in an athletic event.	

lent's Name: (print)								
lress								-
de School								
onal Physician					Phone			_
ase of emergency, contact:								
neRelationship			_Phone (H	)	(W)			_
vain "Yes" answers in the box below**. Circle questions you lical evaluation which may include a physical examination. We uired before any participation in UIL practices, games or match	ritten	t know clearan	the answer ce from a p	s to. Any Yes answ hysician, physician	er to questions I, assistant, chirop	2,3,4,5, or 6 requires fu ractor, or nurse practitione	rther r is	
	Yes						Yes	
Have you had a medical illness or injury since your last check			13.		en unexpectedly a	short of breath with		
up or sports physical? Have you been hospitalized overnight in the past year?				exercise? Do you have asthm			-	
Have you over had surgery?						require medical treatment?		
			14	-				
Have you ever passed out during or after exercise?			14.			corrective equipment or our sport or position (for		
Have you ever had chest pain during or after exercise?						oll, foot orthotics, retainer		
Do you get tired more quickly than your friends do during exercise?				on your teeth, hear		,		
Have you ever had racing of your heart or skipped heartbeats?			15.			or swelling after injury?		
Have you had high blood pressure or high cholesterol?		ä		Have you broken o	r fractured any bo	ones or dislocated any		
Have you ever been told you have a heart murmur?	ŏ			joints?			_	
Has any family member or relative died of heart problems or of	H	Η				ith pain or swelling in		
sudden unexpected death before age 50?				muscles, tendons, l		-lata halam		
Has any family member been diagnosed with enlarged heart,				If yes, check appro	priate box and ex	plain below.		
(dilated cardiomyopathy), hypertrophic cardiomyopathy, long				Head	Elbow	🔲 Hip		
QT syndrome or other ion channelpathy (Brugada syndrome,				Neck	Forearm	Thigh		
etc), Marfan's syndrome, or abnormal heart rhythm?				Back	Wrist	Knee		
Have you had a severe viral infection (for example,				Chest	🔲 Hand	Shin/Calf		
myocarditis or mononucleosis) within the last month? Has a physician ever denied or restricted your participation in	п			Shoulder	Finger	Ankle		
sports for any heart problems?				Upper Arm		Foot		
Have you ever had a head injury or concussion?						—		
Have you ever been knocked out, become unconscious, or lost			16.	Do you want to we	-	•		I
your memory?	-	-		• •	regularly to mee	t weight requirements for		
If yes, how many When was the last			1.7	your sport?	1 40		_	
times? concussion?				Do you feel stresse			Ц	
How severe was each one? (Explain below)			18.	Have you ever been or sickle cell diseas		or treated for sickle cell train		
Have you ever had a seizure?			Fame	les Only	<i>ic !</i>			
Do you have frequent or severe headaches?				When was your first	t mensional nario	4.9		
Have you ever had numbness or tingling in your arms, hands,			19.	When was your mo	-			-
legs, or feet?	_	_		-		from the start of one		
Have you ever had a stinger, burner, or pinched nerve?				period to the start of		nom die statt of one		
Are you missing any paired organs?				How many periods		the last year?		-
Are you under a doctor's care?				• •		periods in the last year?		-
Are you currently taking any prescription or non-prescription			An in			any question relating to a poss	ible	-
(over-the-counter) medication or pills or using an inhaler?	_		cardio	vascular health issue	(question three ab	ove), as identified on the form	, should	
Do you have any allergies (for example, to pollen, medicine,						individual is examined and clo r nurse practitioner	ared b	ð;
food, or stinging insects)? Have you ever been dizzy during or after exercise?						r nurse practitioner.		-
			** <u>EX</u>	LAIN YES' ANSWE	KS IN THE BOX I	BELOW (attach another sheet if	necessa	8
Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?			1.000					-
Have you ever become ill from exercising in the heat?			-					
Have you had any problems with your eyes or vision?	۲Ū							
s understood that even though protective equipment is worn by								-

If, in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital representative from any claim by any person on account of such care and treatment of said student.

If, between this date and the beginning of athletic competition, any illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best	of my knowledge, my answers to the above questions are complete and c	orrect. Failure to provide truthful responses could
subject the student in question	n to penalties determined by the UIL	
Student Signature:	Parent/Guardian Signature:	Date:
THIS FORM MUST BE C	ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCRIMMAGE OR	CONTEST BEFORE, DURING OR AFTER SCHOOL.
For School Use Only:		

\_Date\_

Signature\_

This Medical History Form was reviewed by: Printed Name\_

#### **PREPARTICIPATION PHYSICAL EVALUATION -- PHYSICAL EXAMINATION**

Student's Name		Sex	Age	Date of Birth			
Height	Weight	% Body fat (optional)	_ Pulse	BP	/ ( brachial bloo	_/,/ d pressure while	) sitting
Vision R 20/	L 20/	Corrected: 🛛 Y	🗆 N	Pupils:	🗖 Equal	🗖 Unequal	

As a minimum requirement, this **Physical Examination Form** must be completed prior to junior high athletic participation and again prior to first and third years of high school athletic participation. It *must* be completed if there are yes answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. \* Local district policy may require an annual physical exam.

	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes		· ····	
Heart-Auscultation of the heart in			····
the supine position.			
Heart-Auscultation of the heart in			
the standing position.			
Heart-Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
Marfan's stigmata (arachnodactyly,			
pectus excavatum, joint			
hypermobility, scoliosis)			
MUSCULOSKELETAL	-		
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

\*station-based examination only

#### CLEARANCE

Cleared

Cleared after completing evaluation/rehabilitation for:

Recommendations:

 The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of

 Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners,

 or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.

 Name (print/type)
 Date of Examination:

 Address:
 Phone Number:

 Signature:
 Signature:

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.

**Fee for non-returned uniforms/jersey/equipment**. A minimum fee of \$50 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded.

The athletic fees for my scholar total: \$\_\_\_\_\_\_. Heritage Academy has provided the option to pay online at www.heritageacademyaz.com. Participation fees may also be paid at the administrative front desk. Please make your checks payable to "Heritage Academy."

I commit to pay the participation fee and understand that any non-paid fees will necessitate my student's non-participation in athletic competition.

Parent Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

### TRANSPORTATION PERMISSION SLIP

This permission slip is intended to cover Heritage Academy scholars that ride on Heritage Academy provided transportation. This transportation allows scholars to participate in elective courses being held on campus and as a relief to parents from the burden of transporting their students to games and events. My scholar, \_\_\_\_\_\_, has my permission to be transported to and from Heritage

classes, games, and events on Heritage Academy provided transportation. I understand that such transportation may be in rented cars, vans, private vehicles, and/or chartered buses. It is understood that every necessary precaution will be taken to ensure students' safety. Beyond this, I agree to hold Heritage Academy harmless in the event of any injury to my scholar while s/he is participating in off campus activities.

Parent/Guardian Name:		Phone:
Signature:	8	Date:

### **STUDENT DRIVING/RIDING IN PRIVATE VEHICLE**

Transportation to and from activities may be provided by private vehicle or walking. I understand that in some cases students may be driving their own vehicles to and from games, practices, or other Heritage Academy events. In the event that alternative private transportation is used in lieu of transportation provided by Heritage Academy, Heritage Academy has no responsibility for the conduct of the driver/vehicle and has no responsibility for ensuring that the driver of the vehicle has accurate insurance and/or license.

In the event that a scholar uses alternative or private transportation, I agree to one of the following:

□ I give my permission for my son/daughter to drive a private vehicle to and from activity.

I give my permission for	Deixing Studentic on
to and from activity.	
Parent/Guardian Name:	Phone:
Signature:	Date:

Note: Before any scholar is permitted to participate in Heritage Academy activities requiring school transportation, this permission form must be signed and returned. NO EXCEPTIONS.



Extracurricular Activity	Donation Phone No.		
Contributor/Taxpayer			
Email address:			
Address			
STREET	CITY	STATE	ZIP CODE
May give activity and/	or student (Optional)	Amoun	t
	2		
10 TEA 10			
Tax year	Total Amount Contributed	· · · · · · · · · · · · · · · · · · ·	16
1089.01. The tax credit is limited	he Arizona state income tax credit as allowed by to \$400 for married couples and \$200 for individu Tax credit donations are nonrefundable by the s	uals. A recei	

<u>Due date</u>: Beginning in 2016, tax payers can make tax donations from January 1 up until April 15 of the following year. Donations made between January 1 and April 15 must be designated as to which tax year the donation applies. For example, a donation made in April 2016 can be applied to either 2015 or 2016.

Paving by check: Make checks payable to Heritage Academy and mail with the above form to the address above.

**Paving online by credit or debit card:** Go to our website: www.hamesa.com and click on Parents on the QuickLinks Red banner. Then click on payments. Enter the information on the scholar or activity and the donor information and then you will be able to pay with a paypal account or a credit or debit card.

Heritage Academy will make every effort to ensure that donations are used for the activity indicated as priority. However, in the unlikely event that an activity is cancelled or receives more funding than is needed, the school will use your donation for another worthwhile activity that directly benefits students. If no activity is listed, the school will determine the extracurricular activity of greatest benefit. Be assured your donations will not fund recreational, amusement or tourist side trips.

For answers to any questions, please contact the school at 480-969-5641.

## **Athletic Participation/Fee Form**

Student Name: \_\_\_\_

Grade:

I understand that Heritage Academy is not insuring my student under any health or accident insurance program, and that my student's participation is covered only under whatever insurance program I have in place. I further understand that Heritage Academy disclaims any financial responsibility for the costs of medical treatment, hospitals, ambulances, paramedics, etc. arising out of or by virtue of any injury to my student while participating in interscholastic sports.

9"With regard to sports, the payment of fees is not contingent upon the scholar's playing time on a particular team, because whether or not a scholar gets to play, money has been expended for the class. Every effort is made to ensure that every scholar will play on a team, whether it is playing another school (interscholastic) or playing another team at the school (intramural)" (Scholar/Parent Handbook, pg 8). Fees used towards the ECA tax credit cannot be refunded. Fees for all sports for the entire school year are due by **August 4, 2022**. All Athletic Packet paperwork, current sports physical, concussion certificate are due for the entire school year by **August 12, 2022**.

Participation on an athletic team or in a sports class here at Heritage Academy-Mesa is a privilege. The Athletic Department reserves the right to drop any athlete out of the program if they see necessary without a refund. The Heritage PE uniform which can be purchased through the school's vendor, is required for all athletes to wear during 4<sup>th</sup>

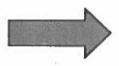
hour. Game uniforms/jerseys are only to be worn on game/meet days and are not to be worn to school during a "Dollar for Duds" day. Please visit: <u>www.hamesa.com/athletics</u> frequently for updates and more details and information.

This sports fee is to cover the duration of the league's sports season(s) only. Before a sport season begins or once a sport season has ended, your scholar athlete will have the option to participate in a different sport during 1 of the other 2 sports seasons or be transferred into a PE class entitled "Strength, Conditioning and Sports" to fulfill their PE credit requirement for the semester. As long as there are enough scholar athletes registered and cleared to participate in a particular sport, the Heritage Academy-Mesa Athletic Department will make every effort to provide quality coaching during the season of play and for the skill level of the athletes on a particular team and an opportunity to compete in some fashion either in an interscholastic or intramural experience.

<u>Fee for non-returned uniforms/jersey/equipment</u> A minimum fee of \$75 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every or any scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded. There will also be no refunds after the first 3 weeks of classes for each semester respectively.

Turn Over



### 2022 -2023 Mesa Campus Course Fees

ITEM	FEE	TOTAL	Tax Credit (ECA)
Suggested PTO Dues (PER FAMILY)	\$20		NOT ELIGIBLE
Yearbook	\$45		NOT ELIGIBLE
Yearbook Full Page Senior Ad - \$100/Half Page - \$50/Quarter Page - \$25	\$100, \$50, \$25		NOT ELIGIBLE
Dollar for Duds Pre-Payment	\$32		NOT ELIGIBLE
COURSE	FEE	TOTAL	Tax Credit (ECA)
Piano Class (no fee for Jr. High students)	\$35/semester		Yes / No
Senior Art (supplies fee) (no fee for Jr. High students)	\$20/semester		Yes / No
Digital Imaging (supplies fee)	\$30/semester		Yes / No
Dance (performance feeMax \$30/semester regardless of how many dance classes taken)	\$30/semester		Yes / No
COURSE	FEE	TOTAL	Tax Credit (ECA)
NOTE: Tennis, Golf, Bowling, and Swimming fees are <u>non-refundable</u> , unle as these fees are paid to the respective venues.		s class <u>befor</u>	
Tennis (court fees)	\$90/semester		Yes / No
Golf (greens fees)	\$120/semester		Yes / No
Bowling (alley fees)	\$180/semester		Yes / No
H.S. Swim (facility fee) (FALL)	\$210/semester		Yes / No
J.H. Swim (facility fee) (FALL)	\$210/semester		Yes / No
Track <b>(SPRING)</b>	\$180/semester		Yes / No
COURSE	FEE	TOTAL	Tax Credit (ECA)
NOTE: The following sports are <u>\$180 per semester and you must sign</u>	up for BOTH	semesters.	
J.H. Girls Basketball (class fee) (Must sign up for FALL & FPRING)	\$180		Yes / No
H.S. Girls Basketball (class fee) ( <i>Must sign up for FALL &amp; SPRING</i> )	\$180		Yes / No
J.H. Boys Basketball (class fee) (Must sign up for FALL & SPRING)	\$180		Yes / No
H.S. Boys Basketball (class fee) ( <i>Must sign up for FALL &amp; SPRINC</i> )	\$180		Yes / No
NOTE: The following sports are <u>\$180 per semester</u> .			
Cross Country (class fee) (FALL)	\$180		Yes / No
H.S. Girls Volleyball (class fee) (FALL)	\$180		Yes / No
I.H. Girls Volleyball (class fee) (FALL)	\$180		Yes / No
J.H. Flag Football (class fee) (FALL)	\$180		Yes / No
J.H. Softball (class fee) (SPRING)	\$180	1	Yes / No
H.S. Softball (class fee) (SPRING)	\$180		Yes / No
H.S. Baseball (class fee) (SPRING)	\$180		Yes / No
I.H. Baseball (class fee) (FALL)	\$180		Yes / No
H.S. Coed Soccer (class fee) ( <b>SPRING</b> )	\$180		Yes / No
.H. Coed Soccer (class fee) (SPRING)	\$180		Yes / No
.H. Boys Volleyball (class fee) (SPRING)	\$180		Yes / No
H.S. Boys Volleyball (class fee) (SPRING)	\$180		Yes / No
Fackle Football (high school only) (FALL)	\$400/season		Yes / No
Total Fees Due by August 4, 2022	\$	TOTAL- All Lines	

• I understand that ECA payments are non-refundable.

• I understand that TENNIS, GOLF, BOWLING, AND SWIMMING fees are non-refundable, <u>unless</u> the scholar drops class before the semester beings, as these fees are paid to the respective venues at the beginning of the semester.

• I understand that there will be no refunds after the first 3 weeks of classes.