

Athletics/Activities Department

Fred Martinez
Athletic Director

HERITAGE ACADEMY ATHLETIC PACKET 2020-21

Name				Student ID#
Grade	Age	DOB	Gender	
Sport(s)				
epartment. I	ALL MATER	IALS MUST BE	COMPLETED AND	youts) in any sport without clearance from the Athletic RETURNED TO THE ATHLETIC OFFICE. Students musparticipate in sports at Heritage Academy.
1. Paren	t Consent an	nd Emergency Ir	nformation	
2. Code	of Conduct			
3. Partic	ipation/ Phys	sical Evaluation	 Medical History 	
4. Parti	cipation/ Phy	sical Evaluation	– Physical Examination	on by a Doctor
5. Athle	tic Participat	ion		
6. Extra	curricular Fe	e Payment via 1	Гах Credit (ECA Tax C	redit Form)
7. Trans	sportation Pe	ermission		
8. Read	Heritage Ac	ademy ATHLET	TIC CODE OF COND	ист.
ll out all doc	uments and	scan and send t	to Coach Martinez at f	red.martinez@heritageacademyaz.com
eminder if		v student to the sc	chool district and want to become eligible.	o participate in Activities/Athletics you MUST come to the
ETERMING	ELIGIBILITY	Y – The student-a	thlete must meet all requ	uirements as it relates to the CAA and HA.
opportunity to wishing to do	o do so if they r	meet all requirement t the athletic departs	its listed above and the sea	n after the season has started will have an son is not nearing completion. New students athletic Director and the head coach of
ew to Herita	ge Academy:	YN	Enrol	llment date (/)

HERITAGE ACADEMY PARENT CONSENT AND EMERGENCY INFORMATION

My signature below indicates my permission for my s in after school sports/activities at Heritage Academy. approve the medical treatment authorization.		
EMERGENCY IN	IFORMATION	
Student Name:	Birthdate:	Age:
Father's Name:	Mother's Name:	
Day Phone of Parents: Father	Mother:	
Address:		
Family Doctor:	_Phone Number:	
Allergies:		
In an emergency, if the parents cannot be reached, pl	ease notify:	
Name:	Phone Number:	
MEDICAL TREATMEN	T AUTHORIZATION	
In the event of illness or injury occurring to my child vectors of the consent for medical or dental care deemed necessary. My child may be examined and any necessary proced diagnostic procedures (lab or x-ray) may be performed hospital or medical office staff furnishing such services.	by the attending health care ures (medical, dental, or surg d under the supervision of a	e provider or dentist. gical), anesthesia or
I understand that, in the event of other than minor ill contact me.	ness or injury, reasonable ef	fort will be made to
I understand that there is inherent risk in many activitiable for injury or accident, which may occur in the coassume the risk of such injury or accident.	=	•
Parent/Guardian Name:		
	_	

Heritage Academy Charter School Code of Conduct for Scholars and Parents

Participating in an athletic program at Heritage Academy is a privilege. With this privilege, scholar athletes are expected to adhere to a high standard of behavior. All scholar athletes shall abide by a code of ethics that will earn them the honor and respect that participation and competition affords. It is important for our athletes to realize they represent their families, the school and the community at all times. Scholar athletes act as role models for the younger scholars. Scholar athletes have a commitment to their teammates and coaches to be at their best physically, mentally and academically at all times.

Scholar athletes should promote a healthy lifestyle by not using any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight. It is expected that scholar athletes adhere to the Code of Conduct at all times, not just during the sport season.

It is important that a scholar athletic realize the great sacrifice by coaches, teammates, teachers, family and others in your behalf. Your gratitude is expressed by your respect!

Heritage academy issues a Scholar hand book that can be obtained from the front office or found online at www.hamesa.com

It is expected that all scholar athletes will respect and comply with the rules of Heritage Academy.

Scholar Athlete

ATHLETES MUST AGREE TO:

- Be to practice and games on time.
- Be responsible for any equipment and uniform issued to them and returning it as requested at the designated time and place. Scholar will replace
 misused, abused or lost equipment or be charged replacement value.
- Be respectful and encouraging towards your teammates. Do not belittle them for their mistakes or abilities. Be encouraging they are working hard
- Take responsibility to your academic eligibility and the tools to help you stay on track which will be offered by the coach.
- Help other teammates who may struggle in classes you excel in.
- Listen to your coaches while they are talking to you or another player. We do not want to talk over you.
- Not use or possess illegal substances including tobacco, alcohol, marijuana or drug paraphernalia.
- Not participate in any other act that results in the scholar athlete being charged with a crime or referred for juvenile delinquency.
- Notify one of the coaches of any teammate that might be struggling with issues contrary to our team standards.

Parents

PARENTS MUST AGREE TO:

- Have their athlete on time to practices and games.
- Help your athlete keep track of and in good condition any equipment and uniform issued to them. Replacement costs are not part of the
 participation fees.
- Not encourage belittling conversation towards players and/or coaches. Your comments are welcomed at the appropriate time.
- Cheer from the designated areas. A parent on the field makes coaching more difficult and is a distraction to all the players. It also makes it difficult for those behind to see. This includes half time.
- Share with the coach any concerns you might have about your athlete regarding sports, academics, or anything you feel would better help us
 understand him/her. We are a team-family. We want them to succeed
- Please respect the following times Pre-game (30 minutes before the game), the game (1st and 2nd halves), and post game (30 minutes after the game). This is NOT a good time for coaches to talk. We have lots to do regarding our team.

Parent signature:	Athlete signature:	Date

PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY

REVISED 1-6-09

questions are designed to determine if the student l Student's Name: (print)									
Address									
									-
Grade									
Personal Physician						Phone			-
In case of emergency, contact:									
NameRe									_
Explain "Yes" answers in the box below**. Cir medical evaluation which may include a physical required before any participation in UIL practice	examination. W	ritten							
Have you had a medical illness or injury since y up or sports physical?	your last check	Yes	No	13.	Have you ever gott	ten unexpectedly short	of breath with	Yes	! [
Have you been hospitalized overnight in the partial Have you ever had surgery?	st year?				Do you have asthm	na? mal allergies that requi	re medical treatment?		[
Have you ever passed out during or after exercing Have you ever had chest pain during or after exercing the second				14.	Do you use any spe	ecial protective or corrusually used for your s	ective equipment or		İ
Do you get tired more quickly than your friends exercise?					example, knee brac on your teeth, hear	ce, special neck roll, for ring aid)?	ot orthotics, retainer		
Have you ever had racing of your heart or skipp Have you had high blood pressure or high chole				15.	Have you broken o	a sprain, strain, or swe or fractured any bones of			
Have you ever been told you have a heart murn Has any family member or relative died of hear sudden unexpected death before age 50?	t problems or of				muscles, tendons, l	other problems with pa bones, or joints? opriate box and explain	_		
Has any family member been diagnosed with en (dilated cardiomyopathy), hypertrophic cardion QT syndrome or other ion channelpathy (Bruga etc.), Marfan's syndrome, or abnormal heart rhy	nyopathy, long da syndrome,				Head Neck	☐ Elbow ☐ Forearm	☐ Hip ☐ Thigh		
Have you had a severe viral infection (for exammyocarditis or mononucleosis) within the last means a physician ever denied or restricted your particles.	nple, month?				☐ Back ☐ Chest ☐ Shoulder	☐ Wrist ☐ Hand ☐ Finger	☐ Knee ☐ Shin/Calf ☐ Ankle		
sports for any heart problems? Have you ever had a head injury or concussion' Have you ever been knocked out, become unco		R		16.	-	igh more or less than y			
your memory?	was the last	_		17.	Do you lose weight your sport? Do you feel stressed	t regularly to meet weig d out?	ght requirements for		
How severe was each one? (Explain below)				18.			ated for sickle cell trait		ĺ
Have you ever had a seizure?				-	or sickle cell diseas	se?			
Do you have frequent or severe headaches?		H			ales Only				
Have you ever had numbness or tingling in you legs, or feet?	r arms, hands,			19.		est recent menstrual per			_
Have you ever had a stinger, burner, or pinched Are you missing any paired organs?	I nerve?				period to the start o				
Are you under a doctor's care?					* *	have you had in the last est time between period	•		
Are you currently taking any prescription or no (over-the-counter) medication or pills or using Do you have any allergies (for example, to poll	an inhaler?			card	ndividual answering in iovascular health issue	the affirmative to any quantities (question three above), a	uestion relating to a possi as identified on the form,	should	
Do you have any allergies (for example, to poll food, or stinging insects)? Have you ever been dizzy during or after exercises.				phys	ician, physician assista	nt, chiropractor, or nurs	dual is examined and cle e practitioner. W (attach another sheet if 1		
 Do you have any current skin problems (for exarashes, acne, warts, fungus, or blisters)? Have you ever become ill from exercising in the 									_
Have you had any problems with your eyes or vit is understood that even though protective equip	vision?			enever	needed the nossibilit	y of an accident still	remains Neither the I	Iniver	
Interscholastic League nor the school assumes any If, in the judgment of any representative of the sc	responsibility in chool, the above	case a studen	n accident t should ne	occurs.	nediate care and treat	ment as a result of any	y injury or sickness, I o	do hero	eby
request, authorize, and consent to such care and to agree to indemnify and save harmless the school a student.	and any school or	hospi	tal represe	ntative	from any claim by an	y person on account of	f such care and treatme	nt of s	aic
If, between this date and the beginning of athletic cauthorities of such illness or injury. I hereby state that, to the best of my knowledge					-				I
subject the student in question to penalties determined to the Student Signature:	rmined by the U	IL	an Signatur		complete and corre		Date:		_
THIS FORM MUST BE ON FILE PRIOR TO For School Use Only:					CRIMMAGE OR CON	NTEST BEFORE, DURI		L.	
This Medical History Form was reviewed by: Prin	nted Name				Date	Signature			

PREPARTICIPATION PHYSICAL EVALUATION -- PHYSICAL EXAMINATION Student's Name _____ Sex ____ Age ____ Date of Birth___ Height _____ Weight____ % Body fat (optional) _____ Pulse ____ BP___/_ Corrected: □ Y □ N Vision R 20/____ L 20/___ Pupils: ☐ Equal ☐ Unequal As a minimum requirement, this Physical Examination Form must be completed prior to junior high athletic participation and again prior to first and third years of high school athletic participation. It must be completed if there are yes answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. * Local district policy may require an annual physical exam. NORMAL ABNORMAL FINDINGS **INITIALS*** MEDICAL Appearance Eyes/Ears/Nose/Throat Lymph Nodes Heart-Auscultation of the heart in the supine position. Heart-Auscultation of the heart in the standing position. Heart-Lower extremity pulses Pulses Lungs Abdomen Genitalia (males only) Marfan's stigmata (arachnodactyly, pectus excavatum, joint hypermobility, scoliosis) MUSCULOSKELETAL Neck Back Shoulder/Arm Elbow/Forearm Wrist/Hand Hip/Thigh Knee Leg/Ankle Foot *station-based examination only **CLEARANCE** ☐ Cleared ☐ Cleared after completing evaluation/rehabilitation for: _____ □ Not cleared for: Reason: Recommendations: The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted. Name (print/type) _____ Date of Examination:_____ Phone Number: ___

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.

Signature:

<u>Fee for non-returned uniforms/jersey/equipment</u>. A minimum fee of \$50 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded.

understand that if my student withdraws prior to the first game, one half of the However, athletes who quit or are injured after the first game, are not academically for disciplinary reasons at any time will have no portion of the participation fee ref	veligible to participate or are dismissed
The athletic fees for my scholar total: \$ Heritage Academy has pwww.heritageacademyaz.com. Participation fees may also be paid at the adminischecks payable to "Heritage Academy."	
I commit to pay the participation fee and understand that any non-paid fee participation in athletic competition.	s will necessitate my student's non-
Parent Name:	Date:
Parent Signature:	

TRANSPORTATION PERMISSION SLIP

This permission slip is intended to cover Heritage Academy schola transportation. This transportation allows scholars to participate in electito parents from the burden of transporting their students to games and e My scholar,, has my perm classes, games, and events on Heritage Academy provided transportation in rented cars, vans, private vehicles, and/or chartered buses. It is undetaken to ensure students' safety. Beyond this, I agree to hold Heritage Academy while s/he is participating in off campus activities.	ve courses being held on campus and as a relief events. ission to be transported to and from Heritage a. I understand that such transportation may be extended that every necessary precaution will be
Parent/Guardian Name:	Phone:
Signature:	Date:
STUDENT DRIVING/RIDING IN PRI	VATE VEHICLE
Transportation to and from activities may be provided by private vehicle of students may be driving their own vehicles to and from games, practices, In the event that alternative private transportation is used in lieu of trans Heritage Academy has no responsibility for the conduct of the driver/vehicle driver of the vehicle has accurate insurance and/or license.	or other Heritage Academy events. portation provided by Heritage Academy,
In the event that a scholar uses alternative or private transportation, I agr	ree to one of the following:
☐ I give my permission for my son/daughter to drive a private vehic	le to and from activity.
☐ I give my permission for to ride in a private Riding Student's Name(s) to and from activity.	e vehicle driven by Driving Student's or Parent's Name
Parent/Guardian Name:	Phone:
Signature:	Date:

Note: Before any scholar is permitted to participate in Heritage Academy activities requiring school transportation, this permission form must be signed and returned. NO EXCEPTIONS.



"Building America's Heroes"
19705 East Germann Rd., Queen Creek AZ 85142

Extracurricular Activity D	Phone No		
Contributor/Taxpayer			
Email address:			
Address			
STREET	CITY		ZIP CODE
May give activity and/or	student (Optional)	Amoun	t
Tax year To	otal Amount Contributed	>	
1089.01. The tax credit is limited to	Arizona state income tax credit as allowed \$400 for married couples and \$200 for ind ax credit donations are nonrefundable by t	lividuals. A recei	

<u>Due date</u>: Beginning in 2016, tax payers can make tax donations from January 1 up until April 15 of the following year. Donations made between January 1 and April 15 must be designated as to which tax year the donation applies. For example, a donation made in April 2017 can be applied to either 2016 or 2017.

Paying by check: Make checks payable to **Heritage Academy** and mail with the above form to the address above.

<u>Paying online by credit or debit card</u>: Go to our website: www.hagateway.com and click on the GIVING button. Under Tax Credit Donation click on the hyper link: *Click here to make an online donation.* You can enter the amount you wish to contribute and follow the instructions on the website.

Heritage Academy will make every effort to ensure that donations are used for the activity indicated as priority. However, in the unlikely event that an activity is cancelled or receives more funding than is needed, the school will use your donation for another worthwhile activity that directly benefits students. If no activity is listed, the school will determine the extracurricular activity of greatest benefit. Be assured your donations will not fund recreational, amusement or tourist side trips.

For answers to any questions, please contact the school at 480-969-5641.

Athletic Participation/Fee Form

Student Name:	Grade:	

I understand that Heritage Academy is not insuring my student under any health or accident insurance program, and that my student's participation is covered only under whatever insurance program I have in place. I further understand that Heritage Academy disclaims any financial responsibility for the costs of medical treatment, hospitals, ambulances, paramedics, etc. arising out of or by virtue of any injury to my student while participating in interscholastic sports.

"With regard to sports, the payment of fees is not contingent upon the scholar's playing time on a particular team, because whether or not a scholar gets to play, money has been expended for the class. Every effort is made to ensure that every scholar will play on a team, whether it is playing another school (interscholastic) or playing another team at the school (intramural)" (Scholar/Parent Handbook, pg 8). Fees used towards the ECA tax credit cannot be refunded. Fees for all sports for the entire school year are due by **August 17, 2020**. All Athletic Packet paperwork, current sports physical, concussion certificate and fees are due for the entire school year by **August 17, 2020**.

Participation on an athletic team or in a sports class here at Heritage Academy-Mesa is a privilege. The Athletic Department reserves the right to drop any athlete out of the program if they see necessary without a refund. The Heritage PE uniform which can be purchased through the school's vendor, is required for all athletes to wear during 4th hour. Game uniforms/jerseys are only to be worn on game/meet days and are not to be worn to school during a "Dollar for Duds" day. Please visit: www.hamesa.com/athletics frequently for updates and more details and information.

This sports fee is to cover the duration of the league's sports season(s) only. Before a sport season begins or once a sport season has ended, your scholar athlete will have the option to participate in a different sport during 1 of the other 2 sports seasons or be transferred into a PE class entitled "Strength, Conditioning and Sports" to fulfill their PE credit requirement for the semester. As long as there are enough scholar athletes registered and cleared to participate in a particular sport, the Heritage Academy-Mesa Athletic Department will make every effort to provide quality coaching during the season of play and for the skill level of the athletes on a particular team and an opportunity to compete in some fashion either in an interscholastic or intramural experience.

Fee for non-returned uniforms/jersey/equipment. A minimum fee of \$50 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every or any scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded. There will also be no refunds after the first 3 weeks of classes for each semester respectively.

Turn Over



www.hamesa.com. Participation fees may also be paid at the administrative payable to "Heritage Academy."	,
l commit to pay the participation fee and understand that any non-panon-participation in athletic competition and being dropped from the class.	aid fees will necessitate my student's
Scholar Name:	-
Parent Name:	Date:
Descrit Classical Control	

My student has my approval to participate in the following interscholastic sports. (Please initial all that apply.)

Parent Initials	FALL (1 st Semester)	Fee	Parent Initials	WINTER (1 st & 2 nd Semesters)	Fee	Parent Initials	SPRING (2 nd Semester)	Fee
	High School TACKLE FOOTBALL	\$400		Jr. High & High School BOYS BASKETBALL	\$300		High School BOYS VOLLEYBALL	\$150
	High School FLAG FOOTBALL	\$150		Jr. High GIRLS SOFTBALL	\$300		Jr. High & High School BOYS BASEBALL	\$150
	High School BOYS SOCCER	\$150		High School GIRLS BASKETBALL	\$300		Jr. High & High School COED SOCCER	\$150
	Jr. High FLAG FOOTBALL	\$150					Jr. High BOYS VOLLEYBALL	\$150
	Jr. High & High School GIRLS VOLLEYBALL	\$150					Jr. High GIRLS BASKETBALL	\$150
	Jr. High & High School CROSS COUNTRY	\$150					High School GIRLS SOFTBALL	\$150
	8 th Graders & High School WEIGHTS Class Only	\$100					Jr. High & High School TRACK & FIELD	\$150
	Jr. High & High School SWIM Class Only	\$175		(Winter Sports are played in 2 semesters)			8 th Graders & High School WEIGHTS Class Only	\$100
	Competition Only	\$100						
	Class & Competition	\$175						

<u>Team Sports</u> fees will be capped at \$375 per student for the year.

<u>Team Sports with Tackle Football</u> fees will be capped at \$650 per student for the year.